Sticks and Stones

Music & Lyrics: Naomi Crellin
Arrangement: Naomi Crellin
Lead Vocal: Lior
Backing Vocals: The Idea of North

There's a boy in the corner who's sitting alone
Looking around for his invisible cloak
That will shield him from the world
There's a girl in the playground who's angry and sad
Wanting to feel good but just feeling bad
So she rages at the world

Sticks and stones may break your bones
But words can hurt you, too
Your heart feels black and blue
When a bully bullies you
You can turn sticks and stones into microphones
And make your feelings heard
It only takes a word
It begins and ends with you

There's a dad in the market who's working so hard
Penny by penny so his kids get a chance
To be equal in this world
There's a mum in a head scarf who's boarding the train
Shielding her children from immigrants' pain
As they brave a brand new world

Sticks and stones may break your bones
But words can hurt you, too
Your heart feels black and blue
When a bully bullies you
Turn sticks and stones into microphones
And make your feelings heard
A little courage and yeah, it's true
It begins and ends with you

Sticks and stones and megaphones
Don’t let silence win
Don’t take it on the chin
Though your mind’s in such a spin
Sticks and stones and telephones
Be brave and make a call
Reach out before you fall
It happens to us all
You’re not alone, never alone